# Costa Rica:
## Volcano & Sea

2 main stays · 2 airport nights · 10 nights

**11 DAYS · SATURDAY START · NO FIXED DATES**



**SAN JOSÉ**

Airport stays

**FIRST + LAST NIGHT**



**LA FORTUNA**

Volcano & rainforest

**4 NIGHTS**



**MANUEL ANTONIO**

Wildlife & beach

**4 NIGHTS**

## Breaks that take you further.

EXPLORE · LEARN · GROW



TRAVEL CALENDAR

# Map + calendar at a glance

11 days · San José → La Fortuna → Manuel Antonio → San José

## The route

SCHEMATIC ROUTE · NOT FOR NAVIGATION




**SUNDAY · TO LA FORTUNA**

After breakfast.
Private transfer.

**THURSDAY · TO THE BEACH**

Lunch in Orotina.
Short Tárcoles stop.

**MONDAY · BACK TO SAN JOSÉ**

Airport-area night.
Fly home Tuesday.

## Your days at a glance

SATURDAY START

| SATURDAY | SUNDAY | MONDAY | TUESDAY | WEDNESDAY | THURSDAY |
|---|---|---|---|---|---|
| DAY 1 | DAY 2 | DAY 3 | DAY 4 | DAY 5 | DAY 6 |
| Arrive + reset | To La Fortuna | Místico bridges | Wildlife + soak | Chocolate + pool | Road to the coast |

| FRIDAY | SATURDAY | SUNDAY | MONDAY | TUESDAY |
|---|---|---|---|---|
| DAY 7 | DAY 8 | DAY 9 | DAY 10 | DAY 11 |
| National park | Beach + pool | Slow coast day | Back to San José | Fly home |

Sample weekdays; confirm park opening days once travel dates are set.

4 NIGHTS

# La Fortuna

Rainforest discoveries, warm-water afternoons and time to enjoy the hotel.

BRIDGES · HOT SPRINGS · WILDLIFE · SLOW DAYS

**SUNDAY · DAY 2 · ARRIVE + SETTLE**

Private transfer from the airport area. Check in, have an easy lunch and enjoy a quiet afternoon.

**MONDAY · DAY 3 · MÍSTICO BRIDGES**

A guided rainforest walk and hanging bridges in the morning. Leave the afternoon for pool time.

**TUESDAY · DAY 4 · WILDLIFE + SOAK**

A short guided wildlife walk at a child-friendly pace. Hot springs later; no second big excursion.

**WEDNESDAY · DAY 5 · CHOCOLATE + PLAY**

A hands-on chocolate tour, then a free afternoon for the hotel farm, pool or hot springs.

**WHY 4 NIGHTS**

Three full days for one main outing each, with proper time to rest.

**GETTING AROUND**

Use local taxis, Uber when available or arranged tour pickups. Confirm transport for each outing.

**BETTER BREAK RULE**

One main outing each day, with time left to enjoy the hotel.

SUGGESTED STAY

## El Silencio del Campo

View hotel website

Garden villas, hot springs and farm fun: pony rides, Bella the pig, milking cows and collecting eggs. Look out for the resident sloth mum and baby in the trees.

Confirm room capacity and bedding for the travelling family.

THURSDAY · PRIVATE TRANSFER

## La Fortuna → Manuel Antonio

Private transfer with lunch in Orotina and a short crocodile-bridge stop. Keep the evening free.



4 NIGHTS

# Manuel Antonio

Beach mornings, wildlife discoveries and afternoons with nowhere to rush.

WILDLIFE · BEACH · POOL · SLOW DAYS

### THURSDAY · DAY 6 · ARRIVE + EXHALE

After the road journey, settle into the hotel. Pool, dinner and an early night are enough.

### FRIDAY · DAY 7 · NATIONAL PARK

An early guided visit to Manuel Antonio National Park. Add beach time if energy and conditions allow.

### SATURDAY · DAY 8 · BEACH + POOL

A relaxed beach morning, a long lunch and a pool afternoon. Keep this day deliberately simple.

### SUNDAY · DAY 9 · YOUR KIND OF SLOW

Repeat a favourite beach or enjoy the hotel. An optional beginner surf lesson can be arranged locally.

### PARK PLANNING

Book official entry ahead. Currently closed Tuesdays; recheck when dates are chosen.

### BEACH RHYTHM

Choose swimming areas with local guidance each day. Use hotel transport or taxis for outings.

### BETTER BREAK RULE

Not every beach day needs a plan.

SUGGESTED STAY · FOR REVIEW

## Arenas del Mar

View hotel website

Rainforest luxury with the beach on your doorstep. Direct beach access and family accommodation options make it a strong starting suggestion.

MONDAY · PRIVATE TRANSFER

## Manuel Antonio → San José

Private transfer to your San José-area hotel. An easy final evening before flying home on Tuesday.



ARRIVE GENTLY · LEAVE COMFORTABLY

# The journey is part of the plan.

Two airport-area nights keep long drives separate from international flight days.

### FIRST NIGHT

Saturday: arrive at SJO, transfer to the hotel and rest. Leave for La Fortuna after breakfast on Sunday.

### LAST NIGHT

Monday: return from the coast, repack and enjoy an easy dinner. Tuesday: transfer to SJO and fly home.

LILY'S AIRPORT PICK · BOTH NIGHTS

## AC Hotel San José Airport Belén

A stylish airport stop with food trucks, Starbucks and green play space just outside in Cityzen. Easy dinners and room for the kids to unwind.

View hotel website

| LEG | PLAN |
|---|---|
| **SJO → airport hotel** | Short hotel transfer |
| **Airport area → La Fortuna** | Private transfer · allow 3–4 hours |
| **La Fortuna → Manuel Antonio** | Private transfer · full travel day |
| **Manuel Antonio → airport area** | Private transfer · allow 3–4½ hours |
| **Airport hotel → SJO** | Time to suit the flight |

LILY'S RECOMMENDED PRIVATE TRANSFERS

## RideCR

View RideCR website

Driving times are planning allowances, not guarantees. Traffic, weather, hotel location and stops affect the journey. Agree the lunch stop and waiting time in the transfer quote.

### CHILD SEATS

Request suitable seats in advance.

### REST STOPS

Keep snacks and water handy.

### ROOM FIT

Confirm beds, ages and occupancy.

FOREST FIRST · BEACH LAST

# A travel day with breathing room.

La Fortuna to Manuel Antonio: one longer drive, broken into manageable chapters.

### LEAVE AFTER BREAKFAST

Start early enough to keep the day unhurried. Ask for a short bathroom stop before lunch if needed.

### LUNCH IN OROTINA

Allow 60–90 minutes at El Jardín Orotina for Costa Rican food, coffee or ice cream and a stretch.

### TÁRCOLES BRIDGE

A brief crocodile-viewing stop, not a boat tour. Stay on the walkway and arrange for the driver to watch the luggage.

### ARRIVE + RESET

Budget roughly 6–8 hours overall, traffic permitting. Leave the evening open for dinner and rest.

### THE BETTER BREAK TAKE

One meaningful outing, then time to enjoy where you are. The hotel pool, a slow breakfast and another hour at the beach are part of the trip too.

# Breaks that take you further.

EXPLORE · LEARN · GROW

